



اللجنة الفلسطينية لمكافحة المنشطات
Palestine Anti-Doping Committee

Annual Report - 2024

Palestine Anti-Doping Committee (PAL-NADO)



- Palestine Anti-Doping Organization (PAL-NADO) is a NADO operating within the NOC (Palestine Olympic Committee - POC) with three full time staff operating in a geographically small country.
- PAL-NADO is a member of the West Asia RADO which provides guidance and support to our committee on various matters including testing, results management, and education.
- For PAL-NADO, 2024 was a year controlled by challenges, restrictions and limitations related to the political situation in the country. Yet, the team aimed to carry any possible activities to maintain operations.

Testing

PAL-NADO is the organization responsible for athlete testing in Palestine and currently conducting out-of-competition sample collection only with the stop of all sporting activities in the country. Testing is conducted by PAL-NADO certified and trained Doping Control Officers (DCOs) by collecting urine samples in accordance with international anti-doping standards.

- **Summary of testing conducted in 2024:**

Total Out-of-competition samples (urine samples): 6

Testing

Breakdown of Out-of-Competition Samples by Sport 2024:

Sport	Samples collected
Athletics	1
JiuJitsu	1
Kickboxing	1
Karate	1
Basketball	1
Muay Thai	1
Total	6

ADRVs

- In 2024, PAL-NADO is pleased to report that no Anti-Doping Rule Violations were recorded.

Education

- Education is a cornerstone of PAL-NADO's activities and efforts to promote clean sport and raise awareness about anti-doping in sports. Our educational activities cover sport values, the dangers of doping, anti-doping rules, athletes' rights and responsibilities, testing procedures, and ADRVs.
- Education activities targets international level athletes, national level athletes, sport federations and athletes' support personnel, and university students in addition to participations in sporting events in the country.
- In 2024, with no sporting events happening in the country and restrictions on movement, education activities were minimal and mostly conducted virtually.



Education

Summary of education activities in 2024:

- Women's Football national team (first team) – 3 lectures.
- Muay Thai federation (athletes) – 2 lectures.
- Paris delegation athletes (athletics, swimming, taekwondo, boxing, shooting, judo) – individualized sessions, ADEL certificates.
- Paris delegation athlete support personnel – virtual education session.



Participations and capacity building

PAL-NADO is committed to being an active member of the anti-doping movement globally. By harnessing partnerships with regional and international partners, PAL-NADO aims to participate in training programs, international events, and internal internship programs.



Participations and capacity building

Summary of education activities in 2024:

- DCO training by West Asia RADO – 2 new DCOs, 1 refresh DCO (May, 2024).
- Participation in West Asia RADO board members meeting (May, 2024).
- Internship program for 3 volunteers at PAL-NADO office.
- PAL-NADO DCO participation in U17 Wrestling World Championship (August, 2024 – Jordan).
- Exchange training at West Asia RADO offices (1 PAL-NADO staff member – October, 2024).

Participations and capacity building

